YUBA CITY PARKS AND RECREATION

Skyhawks® Teaching life skills through sports

YOUTH SPORTS SKILL-BASED PROGRAMS

Skyhawks Sports Academy *provides sport programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.*

WINTER 2017

(dates)	(days)	(time)	(ages)	(res/non-res fee)	(location)
GOLF					
1/11 - 3/01	Wednesday	3:30 p.m. - 4:30 p.m.	5-9	$80	Greenwood Park
3/22 - 5/10	Wednesday	3:30 p.m. - 4:30 p.m.	5-9	$80	Greenwood Park
Boys and girls will learn the fundamentals of swinging, putting and body positioning. Using the SNAG® (Starting New At Golf) system, we have simplified instruction so that young players can make an effective transition onto the golf course. All equipment provided.					
LACROSSE					
1/12 - 3/02	Thursday	4:30 p.m. - 5:30 p.m.	6-12	$80	Greenwood Park
3/23 - 5/11	Thursday	4:30 p.m. - 5:30 p.m.	6-12	$80	Greenwood Park
Lacrosse combines basic skills used in soccer, basketball and hockey into one fast-paced game. Boys and girls will learn the fundamentals of stick handling, cradling, passing and shooting in a fun, non-checking environment.					
MULTI-SPORT (KICKBALL, DODGEBALL, CAPTURE THE FLAG, ULTIMATE FRISBEE)					
1/11 - 3/01	Wednesday	4:45 p.m. - 5:45 p.m.	6-12	$80	Greenwood Park
3/22 - 5/10	Wednesday	4:45 p.m. - 5:45 p.m.	6-12	$80	Greenwood Park
Our multi-sport camp is designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of multiple sports along with vital life lessons such as respect, teamwork, and self-discipline.					

SPACE IS LIMITED!

REGISTER TODAY»

ONLINE:
www.skyhawks.com
www.yubacity.net/registration

PHONE:
800.804.3509
530.822.4650

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